



13534 35th Ave. N.E. Seattle, WA 98125 (206) 363-0859

8/21-23 RAMBLING RAMROD

Ramrod at a rambling pace. We will follow the Ramrod bike race course (Ramrod= Ride Around Mt Rainier in One Day). Except we will be doing the ride in three days and there is an easy third option. For those who just want to do the downhill parts you can catch a ride to the top of each day's high point and coast down the other side from there. This bike route combines the beautiful vistas of Mt Rainier with the cool forests and valleys of the western Cascade Mountains. The first night will be in Whitakers, the second will be camping out (no motels nearby). The dynamic geologic history of Mt Rainier began about 700,000 years ago when the first lava flows broke through older existing rocks and poured out across the Earth's surface. Lava flows from Mt. Rainier are typically unusually cool (about 1,500f) and viscous, Andesite allowing the magma to build up a volcanic cone over the centuries. Geologic history shows eruptions about every 2,500 years with the most recent major steam eruption in the early 1800's. We will be riding about 50mi a day and about 3-5,000' elevation gain, except for the coasters of course. Provided: shuttle, lodging, some meals. Dates 8/21-23 Donation permium for "Adventurer" level x2 (\$170+)



MAIL THE FORM BELOW WITH YOUR \$20 MEMBERSHIP & DONATION

To: One World Outing Club; 13534 35th Ave NE; Seattle, WA 98125

\*Donation Premium Levels: Day Tripper=\$38+, Adventurer=\$85+ (www.outingclub.org)

Name: \_\_\_\_\_ Trip Title: \_\_\_\_\_ Enclosed \$: \_\_\_\_\_

Address: \_\_\_\_\_ Room Mates: \_\_\_\_\_

\_\_\_\_\_ Zip: \_\_\_\_\_ Email \_\_\_\_\_

Phone: \_\_\_\_\_ H. \_\_\_\_\_ O.Sign \_\_\_\_\_

I the above signed understand that there are risks and hazards involved in active sports including the activities I will be participating in with One World Outing Club. I accept these risks as my responsibility and agree to release One World Outing Club, their representatives, and guides from any liability for accidents or injuries which may occur during or traveling to and from said activities.